

**weekend brunch**

Served 10am - 3pm.

Please allow 20 minutes for preparation.

**eggs**  
Choice of eggs with homefries & multi-grain toast. Tofu or egg whites available

- Eggs ... 6 V**  
Eggs made to order. Served with homefries, toast & choice of bacon or sausage.
- Iron Fist ... 8 V**  
Eggs scrambled with fava beans, parsley, diced onions & tomatoes.
- Mediterranean ... 8 V**  
Eggs scrambled with grilled eggplant, tabouley, spinach, feta & black olives.
- Go Green ... 9 V**  
Eggs scrambled with portobello, basil pesto, mozzarella, & fried green tomatoes.
- Omelette ... 10 V**  
Eggs with spinach, feta cheese & tomato. Add extra fillings for 1.00 each.
- Cheese Omelette ... 8 V**  
Eggs with cheese. Add fillings for 2 each.

- specialties**
- Shakshouka ... 11 V**  
Egg poached in tomato base, roasted red pepper, garlic, onions, cumin & aleppo. Topped with feta cheese & parsley.
- Huevos Rancheros ... 10**  
Fried eggs topped with cheddar, guacamole, black beans, sour cream, pico de gallo & corn tortillas on the side. Add chorizo or homefries for 2.
- Biscuits & Gravy ... 8**  
Buttermilk biscuits & house sausage gravy served with eggs. Add homefries for 2.
- Chicken & Waffles ... 11**  
Fried marinated tenders. Add jalapeño cheese sauce or sausage gravy for 2.
- Figgy Feta Waffle ... 11 V**  
Warm fig & honey syrup topped with crumbled feta.
- Corned Beef Hash ... 9**  
Served with homefries & eggs.
- Steak & Eggs ... 12**  
Two eggs, grilled sirloin tips & grilled tomatoes. Served with homefries & toast.

- benedicts**  
Any style, served with homefries or toast.
- Kathy Bates ... 12**  
Poached eggs, fried green tomatoes & house guacamole over half of a waffle.
- Smokey Bones ... 13**  
Poached eggs, smoked salmon & roasted tomatoes over sweet potato latkes.
- Eggs Benedict ... 11**  
Poached eggs & ham over an English Muffin.

- sandwiches**  
Served on a toasted bun with homefries.
- Hangover Sandwich ... 9**  
Sunny side egg, cheese, bacon & house guacamole.
- Breakfast Burger ... 10**  
8 oz. grilled patty, bacon, cheese, lettuce, tomato & onion. Add a fried egg for 2.

- classics**
- Half Waffle ... 4**  
**Waffles ... 7**
- Single Pancake ... 4**  
**Pancakes ... 7**
- French Toast ... 9**
- Top with Fresh Fruit ... 2** (V GF)
- Bowl of Fresh Fruit ... 7** (V GF)
- Cup of Fresh Fruit ... 4** (V GF)

- sides**
- Sweet Potato Latkes ... 5**  
**Bacon ... 3** GF
- Canadian Bacon ... 3** GF
- Veggie Sausage ... 3** (V GF)
- Kafta Sausage ... 3** GF
- Fried Green Tomatoes ... 5** (V GF)
- Homefries ... 3** (V GF)
- Cheesy Grits ... 5** V

**lunch specials**  
**11am - 3pm**

- roll ups**
- Falafel ... 5 V**
- Chicken ... 5**
- Chicken Shawarma ... 6**
- Beef Shawarma ... 7**

Roll ups are served in a rolled pita, stuffed with lettuce, tomatoes & tahini dressing. Add french fries or onion rings - 2, bacon - 2, or cheese - 1.

- burgers & sandwiches**  
Served with french fries or salad.
- Homemade Veggie Burger ... 6 V**
- 1/2lb. Hamburger Natural ... 7**
- 1/2lb. Cheeseburger Natural ... 8**
- Classic BLT ... 7**  
Choice of whole grain bread or roll up.
- Cheese Melt ... 6 V**  
Melted cheese & tomato.

- vegetarian**
- Maklouta ... 7 V GF**  
Bean stew with kidney beans, soy beans, string beans, lentils & onions.
- Mjudra ... 7 V GF**  
Traditional lentil stew cooked with onions & seasonings.
- Pumpkin Kibby ... 8 V**  
Layers of ground pumpkin, cracked wheat, onions & seasonings with yogurt or salad.
- Grilled Tofu Kabab ... 6 V**  
Served with rice pilaf & beans or salad.
- Vegetarian Grape Leaves ... 7 V**  
Stuffed with rice, tomatoes & seasonings.
- Rice & Beans ... 6 V**

- lunch plates**  
Served with two sides; rice pilaf, beans or salad.
- Chicken Kabab ... 8**
- Beef Kabab ... 10**
- Lamb Kabab ... 10**
- Shrimp Kabab ... 9**
- Kafta Kabab ... 8**
- Lamb Shank ... 9**
- Steak ... 11**
- Grilled Wild Salmon ... 10**
- Grape Leaves ... 7**
- Kibby ... 9**

- pizza**  
Hand stretched dough, marinara & mozzarella.
- Cheese ... 10**
- Quarter Cheese Pizza ... 5**
- Vegetarian ... 12**
- Pepperoni ... 12**
- Bacon ... 12**
- Grilled Chicken ... 13**  
Your choice of buffalo, barbeque or plain.

- soups**
- Chicken Vegetable ... 6**
- Lentil Vegan ... 6**

- side dishes**
- Salad ... 4** (V GF)
- French Fries ... 4** (V)
- Homemade Yogurt ... 2** (V GF)
- Rice ... 3** (V)
- Whipped Garlic ... 4** (V GF)

V Vegetarian      GF Gluten Free      (V) Vegan



**Middle East Restaurant & nightclub**  
established 1968

vegan, gluten free & vegetarian friendly.  
homemade dishes are prepared using non-gmo oils, extra virgin olive oil, and organic coconut butter.

472-480 Mass Ave  
Central SQ. Cambridge  
617-864-3278  
mideastclub.com

## appetizers

**Hoomis ... 6** V GF (V)

Cooked chickpeas blended with sesame puree, seasonings & lemon juice.

**Baba Ghanouj ... 7** V GF (V)

Smoked eggplant blended with sesame puree, seasonings & lemon juice.

**Tabouley ... 7** V GF (V)

Parsley, mint, tomatoes, cracked wheat & seasonings.

**Cold Combination ... 11** V GF (V)

Tabouley, hoomis & baba ghanouj.

**Falafel ... 6** V (V)

Ground fava beans & parsley blended with seasonings. Served with tahini sauce.

**Grape leaves ... 7**

Six grape leaves stuffed with rice, lamb, beef & seasonings.

**Vegetarian Grape Leaves ... 7** V GF (V)

Six grape leaves stuffed with rice, tomato, parsley & a touch of lemon.

**Fool M'Dammas ... 7** V GF (V)

Fava beans, chickpeas, tomatoes, diced onions & seasonings.

**Spinach Pie ... 5** V

Spinach, feta cheese, diced onions & seasonings with salad garnish & harisa.

**Olive Plate ... 4** V GF (V)

Served with carrots & pickles.

**Middle Eastern Salad ... small 4, large 6** V GF (V)

Lettuce, cucumber, green pepper, tomatoes & mint. Served with choice of dressing:

Middle Eastern, tahini, ranch or oil & vinegar. Add Feta ... 2

**Shrimp Cocktail ... 13** GF

Six large shrimp served with homemade cocktail sauce. *Served until 10pm.*

**P.E.I. Steamed Mussels ... 15** GF

Cooked with white wine, garlic & lemon broth with garlic bread. *Served until 10pm.*

## roll ups

**Falafel ... 6** V (V) **Kafta ... 8** **Tofu ... 6** V (V)

**Chicken ... 6** **Chicken Shawarma ... 7** **Beef Shawarma ... 8**

*Roll ups are served in a rolled pita, stuffed with lettuce, onions, pickles, tomatoes & tahini dressing. Add french fries or onion rings - 2, bacon - 2, or cheese - 1.*

## burgers & sandwiches

*Served with choice of french fries or salad.*

**Homemade Veggie Burger ... 7** V

**1/2lb. Hamburger Natural ... 8**

**1/2lb. Cheeseburger Natural ... 9**

**Classic BLT ... 7**

Choice of whole grain bread or roll up.

**Cheese Melt ... 6** V

Melted cheese & tomato.

## Rent the Middle East or ZuZu!

A variety of room sizes and catering options are available to meet your needs!

**food served until midnight daily.**  
**for deliveries visit [mixmenu.com](http://mixmenu.com).**  
**for carry out orders, call 617-354-8238 x228**

## homemade soups

**Chicken Vegetable ... 6**

**Lentil (vegan) ... 6**

## kabab entrees

**Chicken ... 11**

**Lamb ... 14**

**Shrimp ... 14**

**Beef ... 13**

**Wild Salmon ... 14**

**Kafta ... 12**

**Tofu ... 9**

*Kabab entrees are charcoal grilled and served over rice pilaf, beans, salad with choice of dressing: Middle Eastern, tahini, ranch, or oil & vinegar.*

*Add olives - 1 or feta - 2.*

## pizza

*Hand stretched dough, marinara & mozzarella.*

V **Quarter Cheese Pizza ... 5**

V **Cheese ... 10**

V **Vegetarian ... 12**

**Pepperoni ... 13**

**Bacon ... 13**

**Grilled Chicken ... 14**

Your choice of buffalo, barbeque or plain.

## COUS COUS

*Mediterranean specialty combining a variety of vegetables, chickpeas, exotic seasonings & caramelized onions.*

(V) V **Tofu ... 11**

**Lamb Shank ... 15**

**Chicken ... 13**

**Shrimp ... 17**

**Beef ... 16**

**Wild Salmon ... 17**

**Kafta ... 14**

V  
Vegetarian

GF  
Gluten Free

(V)  
Vegan

The consumption of raw or undercooked foods may lead to illness caused by food born bacteria. Please inform your server of all food allergies.

## entrees

**Grape Leaves ... 12** GF

Ten rolled grape leaves stuffed with rice, ground meat & seasonings.

**Lamb Shank & String Beans ... 15**

Braised lamb shank over string beans, cooked in a savory tomato sauce with rice pilaf.

**Kibby ... 12**

Layers of lamb & beef, cracked wheat & seasonings. Served with salad & yogurt or tahini.

**Kibby Labanieh ... 14**

Layers of lamb, beef, cracked wheat & seasonings topped with warm garlic yogurt.

Served with rice pilaf & a garnish of salad.

**Shekil Mihshi ... 13**

Baked eggplant stuffed with beef & lamb, caramelized onions & spices in tomato sauce. Served with rice pilaf.

**Steak ... 15**

Choice Sirloin steak, charcoal grilled to order. Served with grilled vegetables, rice pilaf & beans with a garnish of salad.

## vegetarian entrees

**Mjudra ... 9** V GF (V)

Traditional lentil stew cooked with onions & seasonings.

**Middle Eastern Green Beans ... 10** V (V)

Green beans cooked with tomatoes, onions & seasonings over rice pilaf.

**Middle Eastern Cous Cous ... 10** V (V)

Served with chickpeas, caramelized onions & vegetables.

**Pumpkin Kibby ... 10** V (V)

Layers of ground pumpkin, cracked wheat, onions & seasonings. Served with tahini sauce or yogurt.

**Pumpkin Kibby Labanieh ... 12** V

Served with rice pilaf & topped with garlic yogurt sauce.

**Maklouta ... 10** V GF (V)

Bean stew with kidney beans, soy beans, string beans, lentils & onions.

**Msaah ... 12** V (V)

Baked eggplant with caramelized onions, tomatoes, chickpeas & red sauce. Served with rice pilaf.

**Vegetarian Grape Leaves ... 12** V GF (V)

Ten rolled grape leaves stuffed with rice, tomatoes & seasonings.

Served with a side of garlic yogurt sauce.

**Beans & Rice ... 6** V GF (V)

## side dishes

**Homemade Yogurt ... 4** V GF

**Homemade Harisa ... 3** V (V)

**(hot sauce) ... 3**

**Whipped Garlic ... 4** V GF (V)

**French Fries ... 4** V (V)

**Onion Rings ... 5** V (V)

**Rice Pilaf ... 3** V (V)

## desserts

(V) V **Baklava ... 4**

V **Chocolate Baklava ... 4**

V **Coconut Honey Cake ... 4**

V **Chocolate Cake ... 6**

V **Cheesecake ... 5**

V **Carrot Cake ... 5**

V GF **Rice Pudding with Honey ... 5**